

JMF

Dockets Management Branch (HFA-305)  
Food and Drug Administration  
5630 Fishers Lane, Room 1061  
Rockville, MD 20852

4882 '00 JAN 28 P3:16

Re. Docket Number 94P-0036

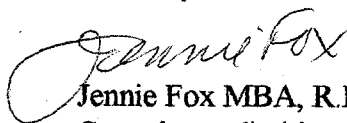
I support the FDA's proposal to require that labels include trans fat together with saturated fat, with a footnote that indicates the amount of trans fat, for the following reasons. It will be less costly to the food industry. Listing saturated and trans fat together would make the label easier to use and will be less confusing for consumers. Listing trans fat on a separate line would make the label more complicated for the average consumer. Well informed consumers who are interested in trans fat could find that information in the footnote. Also, manufacturers may be motivated to reduce both saturated and trans fat. If trans fat were listed on a separate line, companies might substitute saturated fat for the unhealthy trans fat.

I support the FDA's proposal to maintain the current daily value (DV) for saturated fat, even though the DV will also include trans fat. Keeping the DV consistent may lead consumers to eat fewer unhealthy fats.

I support the FDA's proposal to limit the amount of trans fat in foods that make label claims that have limits on saturated fat. Claims that currently have limits on saturated fat are misleading if a product contains significant amounts of trans fat, because trans fat also raises the risk of heart disease. Without a limit on trans fat, manufacturers could replace saturated fat with trans fat to meet the criteria for a claim such as lean, light, low in cholesterol, etc..

Listing trans fat on the Label will provide Americans with information to assist them in understanding what they are eating and helping them reduce their risk for disease.

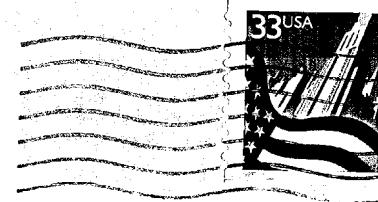
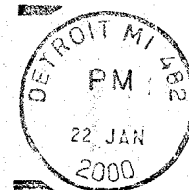
Sincerely,

  
Jennie Fox MBA, R.D.  
Consultant, dietitian

94P-0036

C-1212

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